

# Moving Water Endorsement & Rescue 1 or 2 from a Kayak

## MOVING WATER ENDORSEMENT

For teachers guiding groups of novices on moving water that has hazards such as strainers and a degree of risk.

**Ed Department Requirements for WW up to and including Grade 2 rapids**

## RESCUE 1 FROM A KAYAK

For teachers rescuing from a kayak in Grade 2 Whitewater.

**Ed Department Requirements for White water up to and including Grade 2 rapids as an option for an aquatic rescue qualification.**

## RESCUE 2 FROM A KAYAK

For teachers managing rescue situations from a kayak including gear retrieval in Grade 2 Whitewater.

This course will cover topics such as

- self and buddy rescue
- defensive and aggressive swimming and shallow water crossing
- rescue equipment
- hydrology
- rope work and retrieving gear
- swimming techniques for rescuing
- bow rescue and X rescue
- tows for rescue - short, contact, reach and quick release
- throw bag use including for multiple swimmers
- group management rescue, risk management and communication

[www.paddlewa.asn.au](http://www.paddlewa.asn.au)



## COURSE REGISTRATION AND ENQUIRIES

Leonie Cockman

Paddle WA Education Officer

[education@paddlewa.asn.au](mailto:education@paddlewa.asn.au)

## THE COURSE

This is a skills development course with the option of assessment for those who meet the requirements and, assessment at a later date, for those who need to consolidate further.

It is a practical course. You complete an online quiz for the Moving Water Endorsement prior to the course but all other assessment is practical

Each day will include practical sessions at the location followed by a short river trip.

**Day 1** for the Moving Water Endorsement - a river run from bottom of Bells to Amiens. 6.5km paddle on grade 1 flowing water through tea trees and channels.

**Day 2** for Rescue Quals - a river run from Walyunga to Bells Rapids in playboats. This run will focus on techniques for guiding and rescue through grade 2 rapids. 4.5km paddle on flowing water and grade 2 rapids. You can use a Paddle WA playboat if you don't have one.

## PREREQUISITES

**Moving Water Endorsement** - Flatwater Guide or Instructor in the Craft you guide in (ie Canoe or Kayak or SOT)

**Kayak - Rescue 1 and Rescue 2**

In previous three years, 10 Grade 2 Whitewater activities of a minimum of 2 hours and able to demonstrate Bowline, Fishermans Knot, Round Turn and 2 Half Hitch, Clove Hitch, Highwaymans Hitch, Truck Hitch and Prusik Loop. [Knots - How to tie](#)

## WHAT TO BRING

**Moving Water Endorsement**

Please bring the craft you will be using for the river trip. It should be the craft that you will be using to guide your students. Bring your paddling kit including any rescue equipment you use.

**Rescue 1 and Rescue 2 from a Kayak**

We will have Paddle Academy play boats (ie kayaks) that you can use but you can bring your own kayak that you use on white water if you like. Bring your paddling kit (should include an instructor lifejacket with quick release) and any rescue equipment.

Need gear, talk to us. We do have access to a small number of instructor lifejackets if you need to borrow some kit. We also have a range of rescue equipment for participants to use.

Food and drink for each day, include snacks and ample water or fluids for the trips.

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### Moving Water Endorsement Questions

Leonie (Leo) 0412 101 949 text is preferred  
or [education@paddlewa.asn.au](mailto:education@paddlewa.asn.au)

### Rescue Qualification Questions

Terry Brooke (T2) 0437 005 538 or  
[terry.brooke@hotmail.com](mailto:terry.brooke@hotmail.com)

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